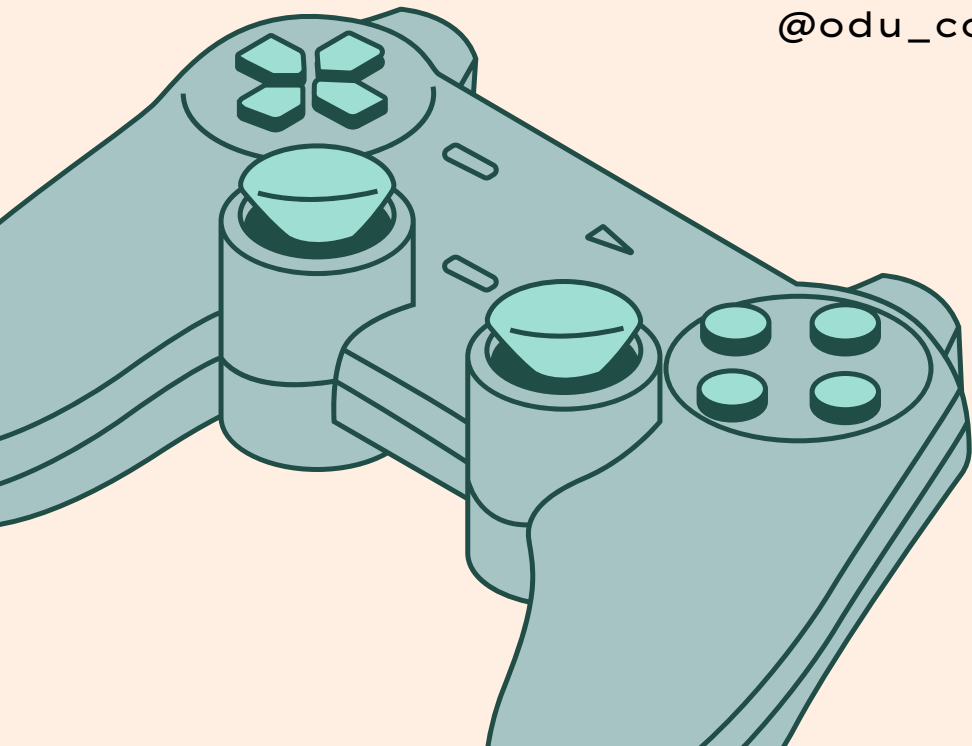


our list of

Cozy & Calm Video Games

time to relax and play
some games!

@odu_counselingservices

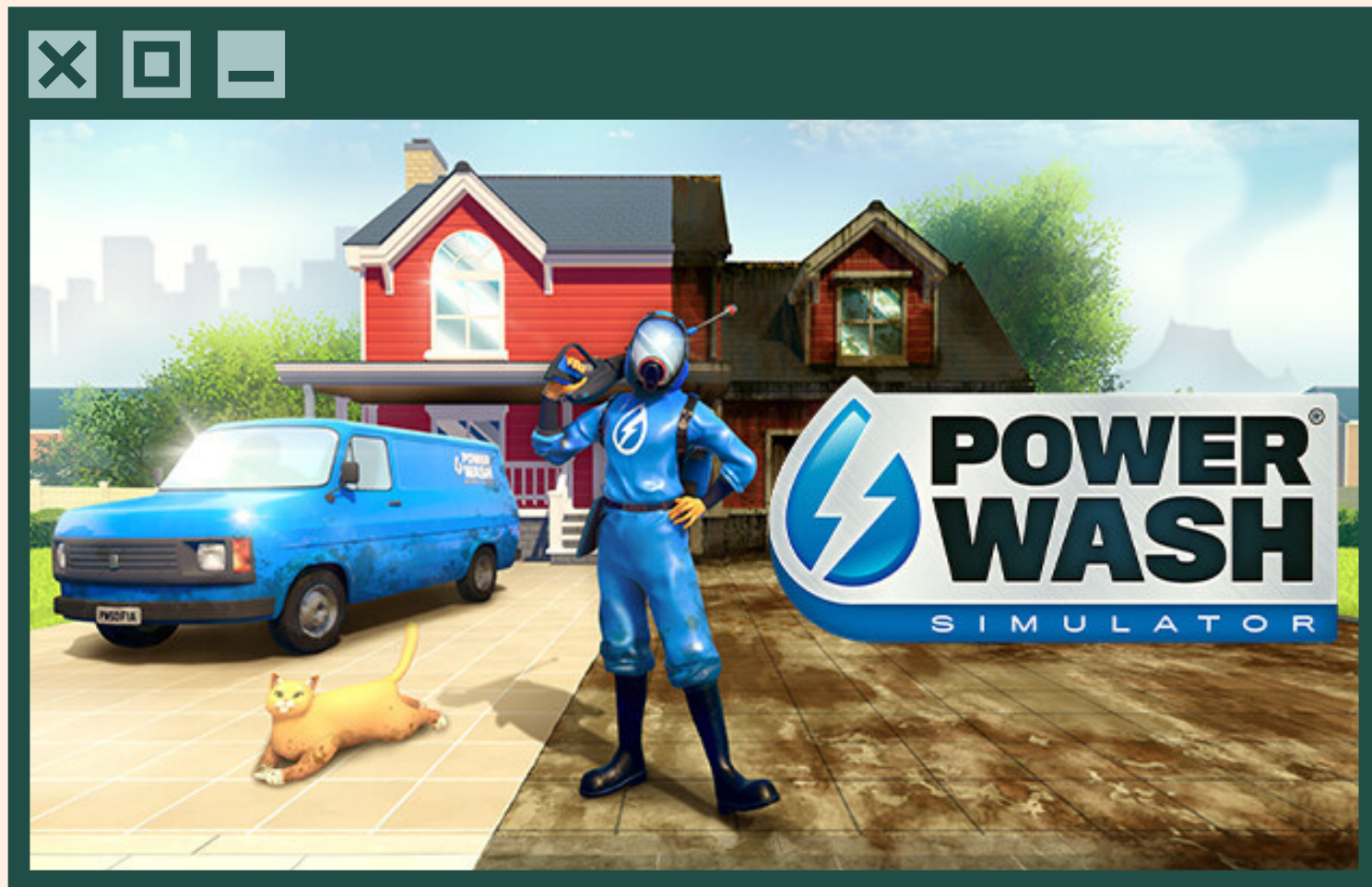


Lemon Cake



Lemon Cake is a cozy baking game where you restore an abandoned bakery! Grow ingredients in the greenhouse, feed your cow and chickens, bake pastries, and run a cat café!

PowerWash Simulator



Researchers from the University of Oxford found in a study that playing PowerWash Simulator for 15 minutes caused an uplift in players' moods. Video games can indeed make you feel better!

Unpacking



Love retro games? This isometric organizing game will surprise you with its charming art style & music, as well as its heartwarming plot.

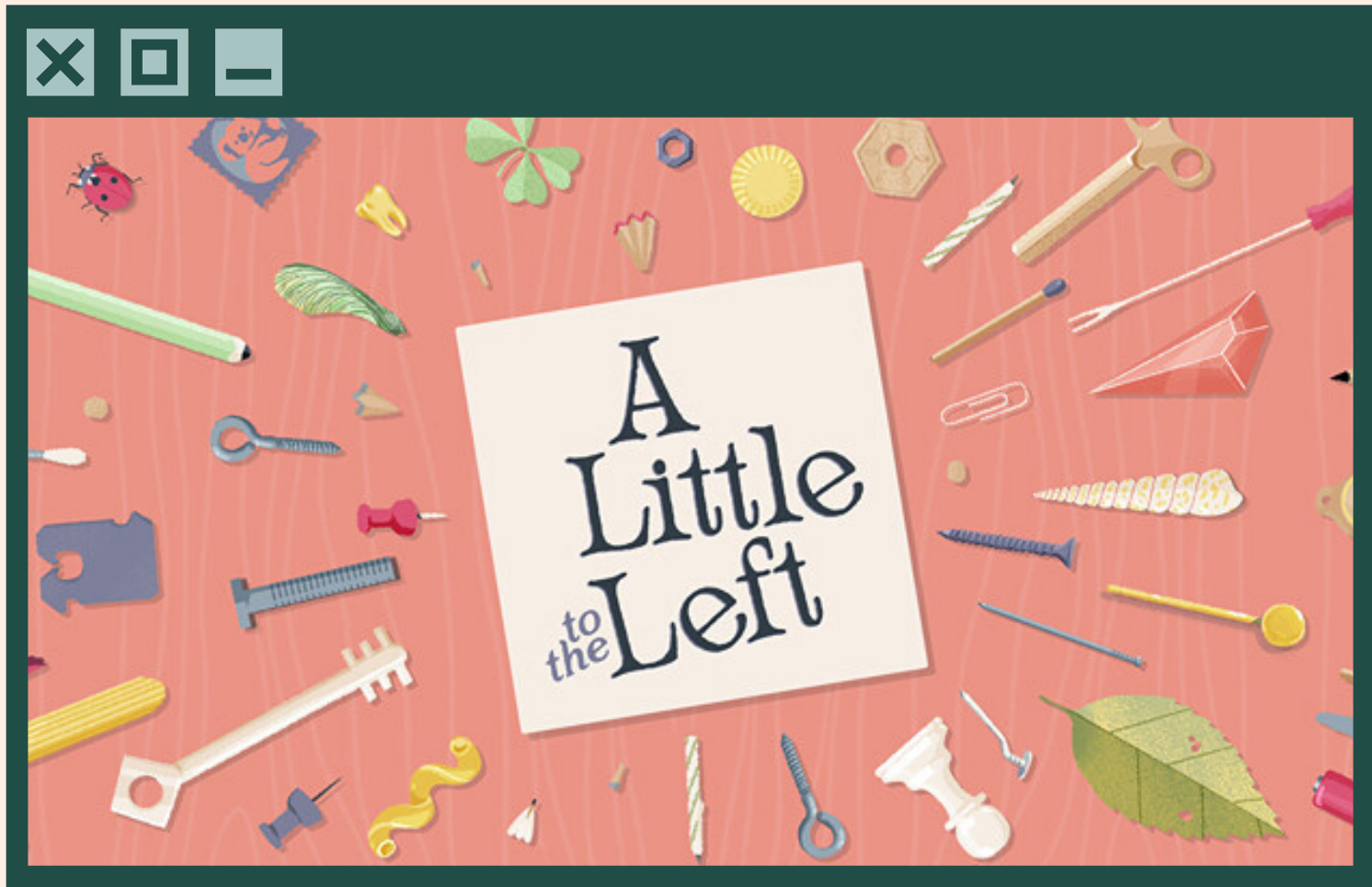
Unpack your things as you go through different stages in life.

Animal Crossing



Need we say more? One of the most popular cozy games out there, you'll build your own island! Renovate your home, make furry friends, and collect bugs & fish!

A Little to the Left



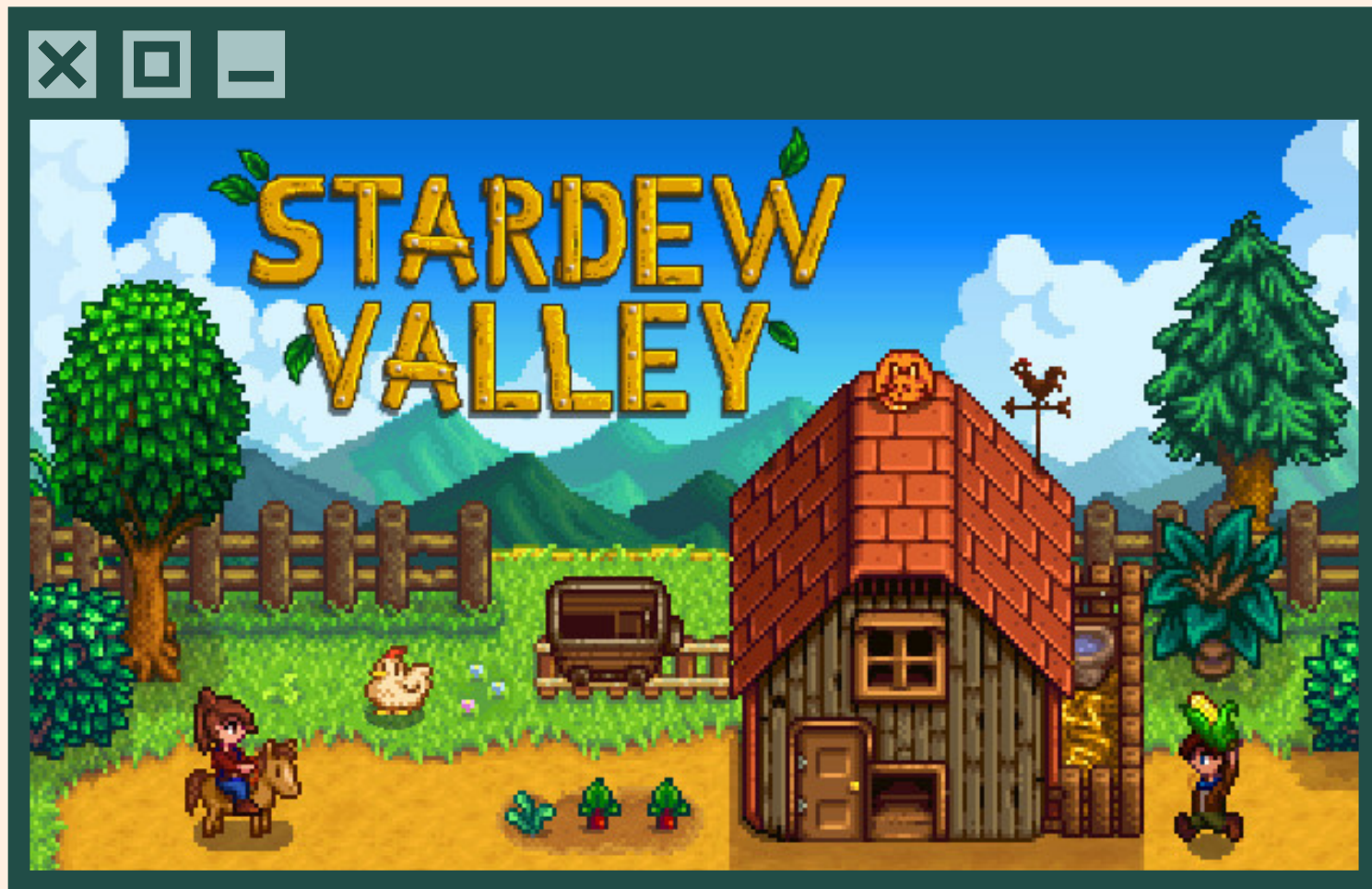
For the puzzle lovers, you'll adore this quirky, colorful organizing game as you sort and tidy up household objects. But beware - your mischievous cat will sometimes knock everything over!

Papa's Freezeria



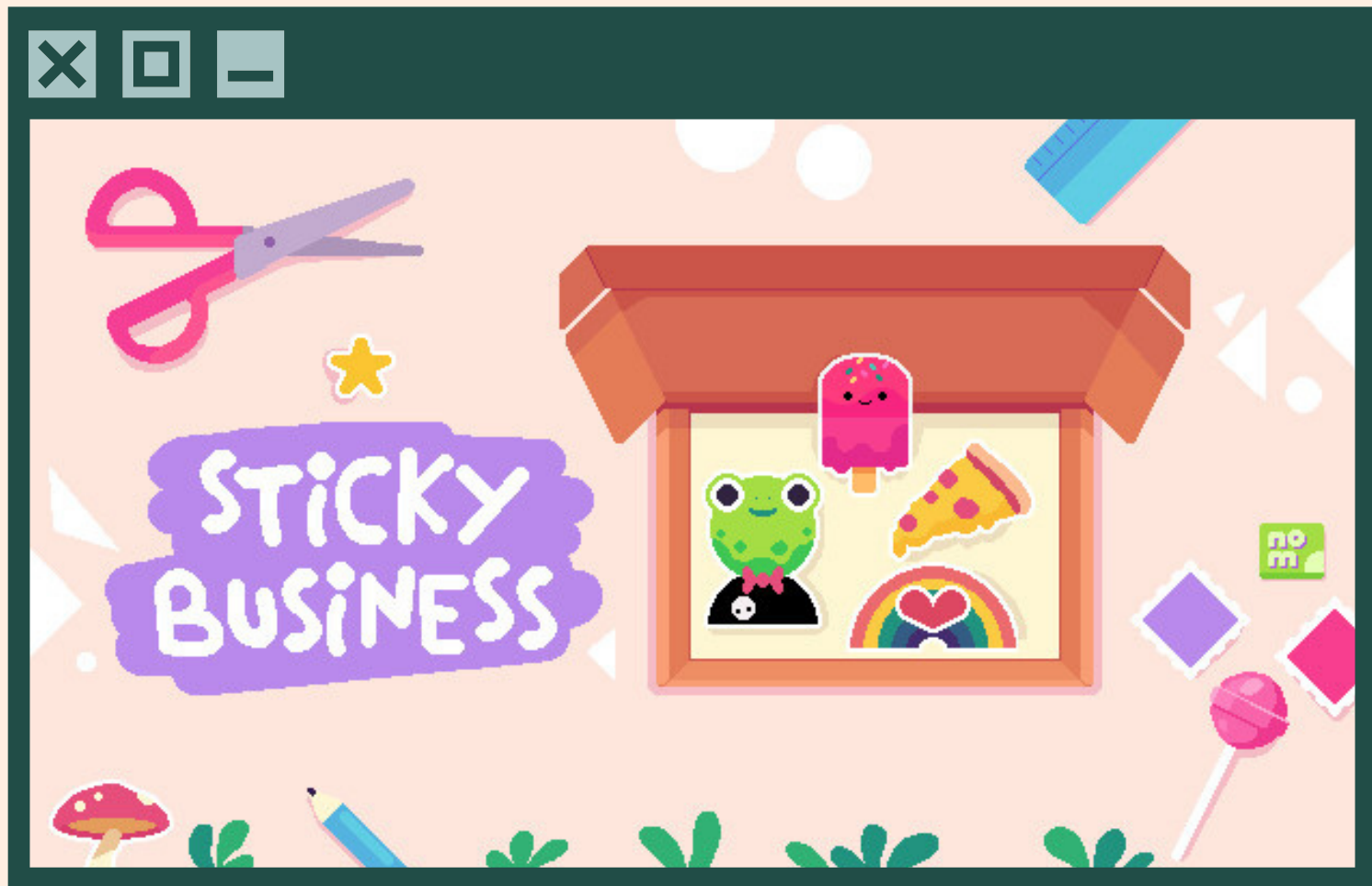
In this time management game, you'll run your own ice cream shop, taking customers' orders, blending sundaes, and topping them with whipped cream and sprinkles! If you like Cooking Mama types of games, you'll love this.

Stardew Valley



A classic cozy farming game, Stardew Valley appeals to people looking to leave behind the hustle and bustle of the big city, and who are ready to get their hands dirty with some agriculture. You can make friends and find love along the way as well!

Sticky Business



Make your own stickers and pack orders for your business! Flex those creative muscles and curate the cutest collection of stickers the Internet has ever seen!